

Functional and Kinetic Treatment with Rehab, Provocation and Motion

FAKTR-PM

State of the art soft tissue therapy for both acute and chronic musculoskeletal pain.



For more information,
or to find a class near you,
contact:

visit

www.FAKTR-PM.com

or email

info@FAKTR-PM.com

What is FAKTR-PM? It's one of the most rewarding, challenging courses you can take. Bring your treatment of patients to the next level. The entire FAKTR-PM protocol can be performed quickly and easily. Take the 13.5 hour hands-on weekend class and on Monday morning, you can make a difference in the lives of your patients!

- **Functional** – Treating patients during function, not simply in the traditional static posture.
- **Kinetic** – Learn the importance of the kinetic chain during the examination and treatment.
- **Treatment** – Many forms of treatment can be utilized with FAKTR-PM. These include, but are not limited to: Instrument Assisted Soft-tissue Techniques, myofascial release techniques, PIR, PNF, Butler Nerve Flossing, Cross Friction Massage, Nimmo, Kinesiotaping®, etc.
- **Rehab**- Learn to use low-tech rehab such as Thera-Band in conjunction with the actual treatment.
- **Provocation** – Test & Treat the patient while in a position that provokes the pain or restriction.
- **Motion** – Incorporate passive and active motion, as well as resistance during the course of treatment.

Learn how this revolutionary treatment seamlessly integrates passive and active techniques

The anatomical areas covered in the class include the shoulder, elbow, ankle, knee, cervical and lumbar spines. However, the technique can be applied to most soft tissue/fascial pain problems.